

Updated 4/29/08



8/1, 2, 3/2008 (三天兩夜) Pennsylvania's Cowans Gap State Park 露營行程與相關資料

Cowans Gap State Park 簡介 (露營、健行、游泳、釣魚、划船資料) <http://www.dcnr.state.pa.us/stateparks/parks/cowansgap.aspx>

Camping area A (with electricity) 地圖 http://www.dcnr.state.pa.us/stateparks/parks/cowansgap/cowansgap_camp.pdf

Cowans Gap State Park 週末天氣預報 http://www.weather.com/weather/weekend/17224?from=36hr_topnav_undeclared

Campsite 預訂: <http://www.pa.reserveworld.com/SearchPark.aspx>

Cancellation/Transfer Policy 取消預訂: <http://www.pa.reserveworld.com/cancel.aspx>

Select "Cowans Gap State Park", enter "8/1/2008, 2 nights", then click on "Campsite" (see example below):

Cowans Gap State Park Aughwick Campground				
Arrival Date	Property Type	Equipment	# Nights	# People
8/1/2008	Campsite	Tent greater than 8x8	2	6

[Change Search](#)

[Check Site Calendar.](#)

[Add Sites To Cart](#)

Site Name	Loop Name	Site Description	Attributes	Select
031	Area A	Tent 10 by 10 or less on level gravel. Spur: Total 53 ft (20 ft level, 33 ft sloped).	Site is NOT ADA Site is ELECTRIC Pets NOT Allowed	<input type="checkbox"/>
032	Area A	Tent 12 by 14 or less on level gravel. Spur: Total 53 ft (34 ft level, 16 ft sloped, 3 ft overhang).	Site is NOT ADA Site is ELECTRIC Pets NOT Allowed	<input type="checkbox"/>

費用: 三天兩夜共\$52 (若帶pet, \$56)

Cancellation Policy:

Cancellation/Transfer Policy
Cancellations can be made via the call center. Cancellations made up to close of business 7 days prior to your scheduled arrival date will incur the \$10 cancellation fee. If you cancel 6 days or less prior to the arrival date, you will forfeit the first night's fee or \$75, whichever is the lesser amount. There is a \$10 fee assessed for all changes made to your reservation, except adding nights to the reservation. Changes to a reservation can be done at the call center, but not on line. Any cancellation or change on the day of arrival must be made through the state park. Changes to an online Reservation must be made by calling the Pennsylvania State Parks Reservation Center at 1-888-PA-PARKS (1-888-727-2757) (Monday through Saturday, 7 a.m. to 5 p.m. Eastern Time). Whitewater cancellations will be charged a maximum of \$10.00, or the amount paid, whichever is lesser. Reservations made with the seasonal pass and then cancelled will only incur a fee for any reservations that have money collected.

如您訂了(或知道其他友人訂了) 該營區, 請速將門牌告知周今白 301-903-7159 (O)

- 👉 請家長叮囑子女, 在營區切勿攀折花草樹枝。Follow "Leave No Trace" outdoor ethics.
- 👉 Quiet Time (11 p.m. – 7 a.m.) 時, 請務必輕聲細語 (whisper) 野外聲音會傳得很遠的。
- 👉 建議把 Game Boy 之類的電動玩具留在家裡, 這幾天請盡量享受野外露營樂趣。

可能的活動 (以下僅是建議的活動，歡迎參加。也歡迎從網頁上尋找和建議其他活動)：

8/1 (Fri.) From Julius West 初中: ([87.1 mi, about 1 hour 47 mins](#)) Take I-270 N to I-70 west (見右邊driving instructions and page 4 地圖)
Follow the signs to the park office just off of Aughwick Road. After passing the rear of the park office follow directional signs taking upper road to Area A.

Cowans Gap State Park
[6235 Aughwick Road](#), Fort Loudon, PA 17224-9801
717-485-3948
Call toll-free 888-PA-PARKS, Mon. to Sat. 7 a.m. to 5 p.m. for general state park information or to reserve a campsite.

Merge onto I-270 N	19.8 mi
Take exit 32 to merge onto I-70 W toward Hagerstown	29.3 mi
Take exit 24 to merge onto MD-63 N/Williamsport Pike toward Huyett	5.4 mi
At the traffic circle, take the 3rd exit onto Cearfoss Pike Entering Pennsylvania	2.1 mi
Continue on Mercersburg Rd	7.4 mi
Turn left at Buchanan Trail W	2.8 mi
Slight right at Loudon Rd	0.5 mi
Continue on Fort Loudon Rd	5.4 mi
Continue on Path Valley Rd	6.1 mi
Turn left at Stumpy Ln	1.5 mi
Slight left at Aughwick Rd/PA-1005	0.1 mi

- 3 p.m. check in** 可開始紮營 (但若營地於**3 p.m.**前已清乾淨, 即可紮營)。
- ✓ 請讀公園報紙(Vistor Guide)、地圖, 找特別活動。每天可能有不同的Ranger's Programs (森林管理員免費導遊)。
 - ✓ Camp Office (incl. nature center, game room) 佈告欄上有時也可發現 Visitor Guide 以外的**新增**特別導遊活動。
 - ✓ 公園規定一定要在Camp Store 買營火的**木材**, **不能從外面帶入**。
 - ✓ 公園外有餐館、旅館、加油站、露營用品店等。
 - ✓ 各營地有野餐桌、烤架, 黃色營地電燈柱上有**電插頭**, 白色營地沒有電插頭。
 - ✓ Amphitheater Ranger's Campfire Program 營火晚會 (可能有)。
- 9 p.m.** 歡迎會、討論第二天 (8/2) 的流程 (周今白營集合場), 請每連派一代表(或全連)出席。
11 p.m. Quiet Time 請輕聲細語。

8/2 (Sat.) 9 a.m.

- ✓ 健行(汪國賢帶隊, 選擇見下頁下方*), 走普通的 trail hiking (moderate), 或較難的 (difficult) trails。詳見: http://www.dcnr.state.pa.us/stateparks/parks/cowansgap_trails.aspx
- ✓ 回營後各自帶野餐, 走到湖邊 (42-acre Cowans Gap Lake) **沙灘** (500-ft sand beach) 午餐。

Noon 自行組隊**游泳**、租船(rowboats and paddle boats)、踩水、曬太陽或玩球。15(含)歲以下釣魚可免執照(湖中有trout, bass, perch, and panfish)。The South Branch of Little Aughwick Creek 有好的 trout 釣魚點。遊客三天執照 \$26, 見網頁規則: <http://www.fish.state.pa.us/faqlice.htm#1>

3 p.m. 回營休息後, 如有體力, 可再去走較難的 (difficult) trails, 5 p.m. 回營。
6 p.m. 晚餐各連自理。
8:00 p.m. 可能有 Amphitheater Ranger's Campfire Program 營火晚會。
各連自理小營火會 (s'more、唱歌、烤蕃薯等等)。
11 p.m. Quiet Time 請輕聲細語。

8/3 (Sun.) 9 a.m. 可健行, 走其他trails, 11 a.m. 回營。
3 p.m. 午餐後, 各自離營 (**3 p.m.** 以前 check out 即可)。
(半路上會經過Hagerstown, 有Outlet Mall)

露營建議用品：

帳篷、營釘、榔頭、墊布
爐子 (電或煤氣)、若用煤氣爐(最少帶兩罐煤氣，當地買較貴、火柴)
電線延長線、多插座插頭、室外夾燈
鍋、鏟、紙盤、紙碗、紙杯、紙巾、刀、叉、筷子、砧板、洗碗精、清洗用品等
野餐 (健行後午餐用)
食物半成品、作料(早、晚餐、宵夜用：米、油、鹽、糖、泡麵等)、水果
Ice Chest
飲用水
急救箱
Walkie-Talkie
手電筒多支
驅蟲spray、驅蟲蠟燭桶
枕頭、睡袋 (鴨絨或厚些的，清晨很涼)
球鞋
背包、瓶裝水(健行時用)
雨傘、雨衣或簡單的**\$1 poncho (一定要帶)**
垃圾袋

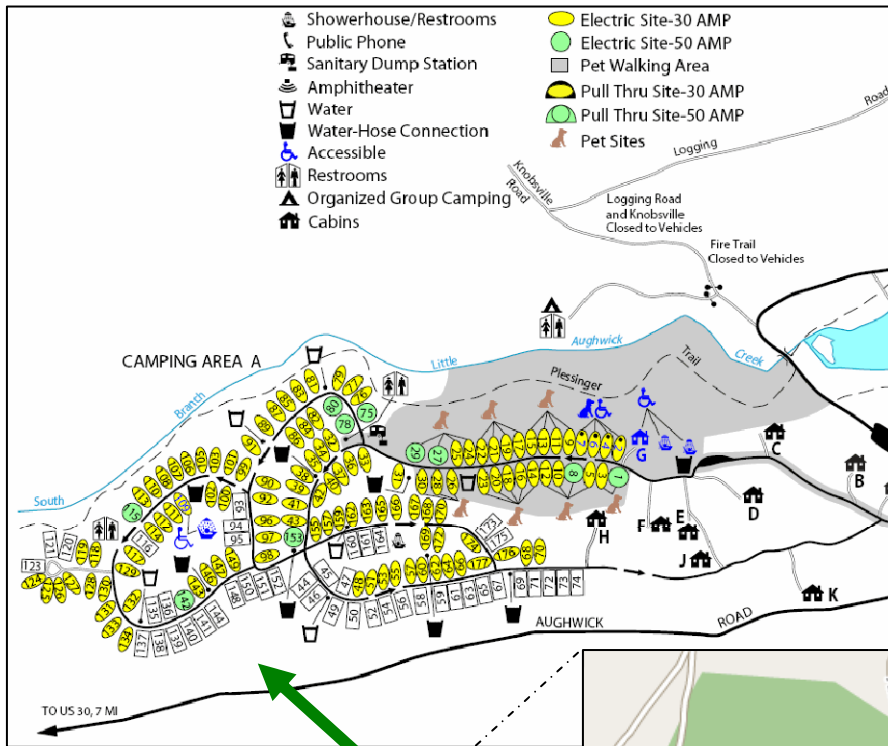
其他隨意 Optional：

氣墊、打氣筒
桌布 (鋪在野餐桌上)
咖啡壺、咖啡、茶葉等
零食、罐頭、速食麵、空罐(可收藏剩餘食品)等
瑞士刀
涼椅
蚊香
泳衣、晾衣繩
拖鞋
extra 襪子
個人沐浴用品 (吹風機、毛巾等)
樂器、遊玩器具、羽毛球拍、排球、Frisbee、防晒油、吊床等
營火用具、食品 (蕃薯、s'more 的插支、marshmallow、巧克力、餅乾)

*健行路線選擇 (11)：

4 **easy** trails – Logging Road Trail (1.7-mile), Lakeside Trail (1.5-mile), One Mile Trail (0.4-mile), Ski Trail (0.2-mile)
4 **moderate** trails – Knobsville Road Trail (1.3-miles), Plessinger Trail (1.1-mile), Three Mile Trail (1.1-mile), Tuscarora Trail (2-mile)
2 **difficult** trails – Cameron Trail (0.5-mile), Geyer Trail (0.5-mile),
1 **very difficult** trail – Horseshoe Trail (0.6-mile)

詳見: http://www.dcnr.state.pa.us/stateparks/parks/cowansgap_trails.aspx



已訂的營地

- 32 謝榮清、王春玲
- 33 仲大綸、張光華
- 34 ???
- 35 陳捷淦、朱宜弘
- 36 余交詠、許海雯
- 37 劉秀芸
- 38 ???
- 39 劉慧生
- 40 李海天、柯源崑
- 42 楊太樂、王素娟
- 41 陳昱成、劉秀蓉
- 43 劉裕松、顏麗淑
- 78 成 群、荆美光
- 79 江韶洋、黃惠瓊
- 80 萬其賢、胡際真
- 81 吳建安、黃秋瑛
- 86 秦景虞、吳淑芳
- 87 張景平、薛 安
- 97 林錦德、張滿妹
- 98 白述禮、陳美玉

- 153 周今白、陳津涓
- 155 黃東山、周 琳
- 159 王祥益、秦文媛
- 162 管清鐸、柳慧鈺
- 163 于繼洪、于茂芬

其他(2007)參加者

- 黃達樑、曾淑萍
- 梁光宗、毛燕芬
- 董俊澤、王美珍
- 羅志仁、吳世榮
- 董一明、
- 張維斯、梁旭華
- 熊信毅、許黛茜
- 洪啓聖、蕭惠如
- 周孝中、孫茂蓉
- 范毅禹、孫以潔
- 陳昭安、徐瑞蓮
- 汪國賢、梅惠芳

