

Updated 8/10/11

8/3, 4, 5/2012 (三天兩夜) Rocky Gap State Park - Ash loop

露營行程與相關資料



Rocky Gap State Park is situated among one of the world's oldest mountain ranges, the Central Appalachians. Families and outdoor adventure enthusiasts enjoy hiking and mountain biking on more than 10 miles of trails, as well as swimming, fishing and boating on 243-acre Lake Habeeb.

費用：三天兩夜共**\$53.50**

Campsite 預訂：Make online reservations or call 1-888-432-CAMP (2267) (Mon. – Fri. 8 a.m. - 8 p.m. EDT)

Online: <http://reservations.dnr.state.md.us/campgroundDetails.do?contractCode=MD&parkId=380502>

1) First check if the site is available:

Find Campsites

Looking for: All sites

Loop: ASH (ELECTRIC/PET)

Site #:

spot with...

Dates (optional): Specific Range

Arrival date: Fri Aug 3 2012

Length of stay: 2

Search Sites

2) 萬一Ash Loop 已訂光, 可續訂 Elm Loop (但沒有電源): Site 126 左右有 path 與Ash Loop 的Site 10 相通

Find Campsites

Looking for: All sites

Loop: ELM (PET)

Site #:

spot with...

Dates (optional): Specific Range

Arrival date: Fri Aug 03 2012

Length of stay: 2

Search Sites

Select your site(s), and then click "Book these Dates".

3 F	4 S	5 S	6 M	7 T	8 W	9 T	10 F	11 S	12 S	13 M	14 T
A	A	A	A	a	a	a	a	a	a	a	a

Arrival date: Fri Aug 3 2012 Length of stay: 2 Departure date: Sun Aug 5 2012

Check-in: 3:00 pm Nights Check-out: 3:00 pm

Price Rate:* \$26.75 Per Night, \$187.25 Per Week
(*Rate may vary across dates; displayed rates do not include taxes and fees)

Book these Dates

預定營地後, 可看須知: <http://reservations.dnr.state.md.us/resource/contracts/md/checkoutReservationPolicy.html>

Rocky Gap State Park 簡介: <http://www.dnr.state.md.us/publiclands/western/rockygap.html>

Camping Loops 地圖: <http://www.dnr.state.md.us/publiclands/maps/rockygapmap.html>

健行、露營、釣魚、游泳、划船資料: <http://www.dnr.state.md.us/publiclands/rockygapguide.html>

Park 週末天氣預報: http://www.weather.com/weather/weekend/21713?from=36hr_topnav_undeclared

請讀該頁下方的露營須知

譬如 Cancellation Policy---Camping: Any changes or cancellations made after processing this reservation up to the close of business the day prior to the scheduled arrival date there will be a \$6.00 per night cancellation service charge. Cancellations made on the scheduled arrival date, you must contact the park directly, there will be a charge of one nights camping service charge for each reservation, as well as the \$6.00 per night cancellation service charge for each additional night. No refunds will be issued for no shows or for cancellations or early departures after the day of arrival. Reservation fees are non-refundable. To modify/cancel reservations made with a credit card, customers must be able to verify the credit card number.

*Page 4 列有可訂營地(camp sites), 2011年參加的家庭如下(as of 8/5/11):

張智鈞、熊嘉琪	陳世偉、陳又華	余交詠、許海雯	周孝中、孫茂蓉	羅志仁、吳世榮	孫武鋒、曾海仙
康定偉、殷詠清	羅文勳、施慧敏	魏 峰、饒中敏	陳昭安、徐瑞蓮	林錦德、張滿妹	林賢欽、林美蓉
田大偉、鮑亦珍	蔡正鈞、張小惠				

請速告知您訂的營地, 您若知道有其他友人也已訂了該loop的營地, 請告知陳世偉 240-401-1000 (C), 以便互相聯絡、照應。(詳圖請見p.4)

請家長叮囑子女，在營區切勿攀折花草樹枝。 Follow “Leave No Trace” outdoor ethics.
 Quiet Time (11 p.m. – 7 a.m.) 時，請務必輕聲細語 (whisper) 野外聲音會傳得很遠的。
 建議把 Game Boy 之類的電動玩具留在家裡，這幾天請盡量享受野外露營樂趣。
 萬一忘帶東西或走錯路，千萬別生氣。互相幫忙和野外求生也是回憶時的趣味。 Please don't get upset if you forgot anything or got lost. Just ask other Lmers for assistance. It is part of the FUN to survive with limited resource.

可能的活動 (以下僅是建議的活動，歡迎參加。也歡迎從網頁上尋找和建議其他活動)：

8/3 (Fri.) (從Julius West 初中算起，車程約 105 分鐘，110 miles 最好2 p.m.前出發，避免 Frederick 附近的大塞車)

Take I-270 north to Frederick (26.3 mi), then I-70 toward Hagerstown (52.8 mile), take exit 1A on the left to merge onto I-68 W/US-40 W toward Cumberland, take exit 50 for Pleasant Valley Rd toward Rocky Gap State Park, turn right at Pleasant Valley Road NE, turn right so stay on Pleasant Valley Road NE. Park is on the right. (見page 4 地圖)

Rocky Gap State Park, **12500 Pleasant Valley Road, Flintstone, MD 21530** (301) 722-1480
 Use the web link on top or call 1-888-432-CAMP(2267) for reservations.

3 p.m. check in 可開始紮營 (但若貴營地於3 p.m.前已清理乾淨，您即可紮營)。

- ✓ 請讀公園報紙(Visitor Guide)、地圖，找特別活動。每天可能有不同的Ranger's Programs (森林管理員免費導遊)。
 - ✓ Camp Office (incl. nature center, game room) 佈告欄上有時也可發現 Visitor Guide 以外的新增特別導遊活動。
 - ✓ 公園規定一定要在Camp Store 買營火的木材，不能從外面帶入。
 - ✓ 公園外有市場(可買青菜)、餐館、旅館、加油站、露營用品店等。
 - ✓ 各營地有野餐桌、烤架，電燈柱上有電插頭。
 - ✓ Amphitheater Ranger's Campfire Program 營火晚會 (可能有)。
 - ✓ Rocky Gap Lodge (湖邊旅館，每晚\$120) 有海鮮Dinner Buffet 每人\$28. (早餐Buffet 每人\$14.5)
- 9 p.m. 歡迎會**、討論第二天 (8/4) 的流程 (陳世偉營集合場#13)，請每連派一代表 (或全連)出席。
11 p.m. Quiet Time 請務必安靜或輕聲細語，野外聲音會傳得很遠。

Map showing driving directions from Julius West Middle School (651 Great Falls Rd, Rockville, MD 20850-2899) to Rocky Gap State Park (12500 Pleasant Valley Rd NE, Flintstone, MD 21530). The route includes 11 steps with distances and directions.

8/4 (Sat.) 9 a.m. 開始集合 9:30 a.m. 出發

- ✓ 健行，張智鈞帶隊。選擇見下頁下方*，走普通的 trail hiking (moderate)，或較難的 (difficult) trails。詳見: <http://www.dnr.state.md.us/publiclands/rockygapguide.html>
 - ✓ 回營後各自帶野餐，走到湖邊 (公園共有三處沙灘) 露營者專用沙灘午餐。
- Noon 自行組隊租船(每小時\$10)、游泳、踩水(沙中有碎石，必須穿鞋)、曬太陽或玩球。15歲以下釣魚可免執照(湖中有 trout, largemouth bass and bluegill)。
- 3 p.m. 回營休息後，如有體力，可再去走較難的 (difficult) trails，5 p.m. 回營。
3:30 - 6 p.m. 在某戶營地唱民歌和老歌，請周今白伴奏。
 6 p.m. 晚餐各連自理。
 ✓ Rocky Gap Lodge (湖邊旅館) 有Prime Rib Dinner Buffet 每人\$28. (星期天Brunch每人\$22)
 8:30 p.m. 可能有 Amphitheater Ranger's Campfire Program 營火晚會。
 各連自理小營火會 (s'more、唱歌、烤蕃薯等等)。
11 p.m. Quiet Time 請輕聲細語。

8/5 (Sun.) 9 a.m. 可健行，走其他trails，11 a.m. 回營。
3 p.m. 午餐後，各自離營 (**3 p.m.** 以前 check out 即可)。

露營建議用品：

帳篷、營釘、榔頭、墊布
爐子 (電或煤氣)、若用煤氣爐(最少帶兩罐煤氣，當地買較貴、火柴)
電線延長線、多插座插頭、室外夾燈
鍋、鏟、紙盤、紙碗、紙杯、紙巾、刀、叉、筷子、砧板、洗碗精、清洗用品等
野餐 (健行後午餐用)
食物半成品、作料 (早、晚餐、宵夜用：米、油、鹽、糖、泡麵等)、水果
Ice Chest (cooler)
飲用水
急救箱
Walkie-Talkie
手電筒多支
驅蟲spray、驅蟲蠟燭桶
枕頭、睡袋 (鴨絨或厚些的，**清晨可能很涼**)
球鞋
背包、瓶裝水(健行時用)
雨傘、雨衣或簡單的\$1 poncho (一定要帶)
垃圾袋

其他隨意 Optional：

氣墊、打氣筒
桌布 (鋪在野餐桌上)
咖啡壺、咖啡、茶葉等
零食、罐頭、空罐(可收藏剩餘食品) 等
瑞士刀
涼椅
蚊香
泳衣、晾衣繩、水鞋
拖鞋
extra 襪子
個人沐浴用品 (吹風機、毛巾等)
樂器、遊玩器具、羽毛球拍、排球、Frisbee、防曬油、吊床等
營火用具、食品 (蕃薯、s'more 的插支、marshmallow、巧克力、餅乾)

*健行路線選擇：

2 **easy** trails – Canyon Overlook Nature Trail (0.4 mile), Touch of Nature Trail (0.4 mile)

1 **moderate** trails – **Lakeside Loop Trail** (4.5 miles), 約兩小時

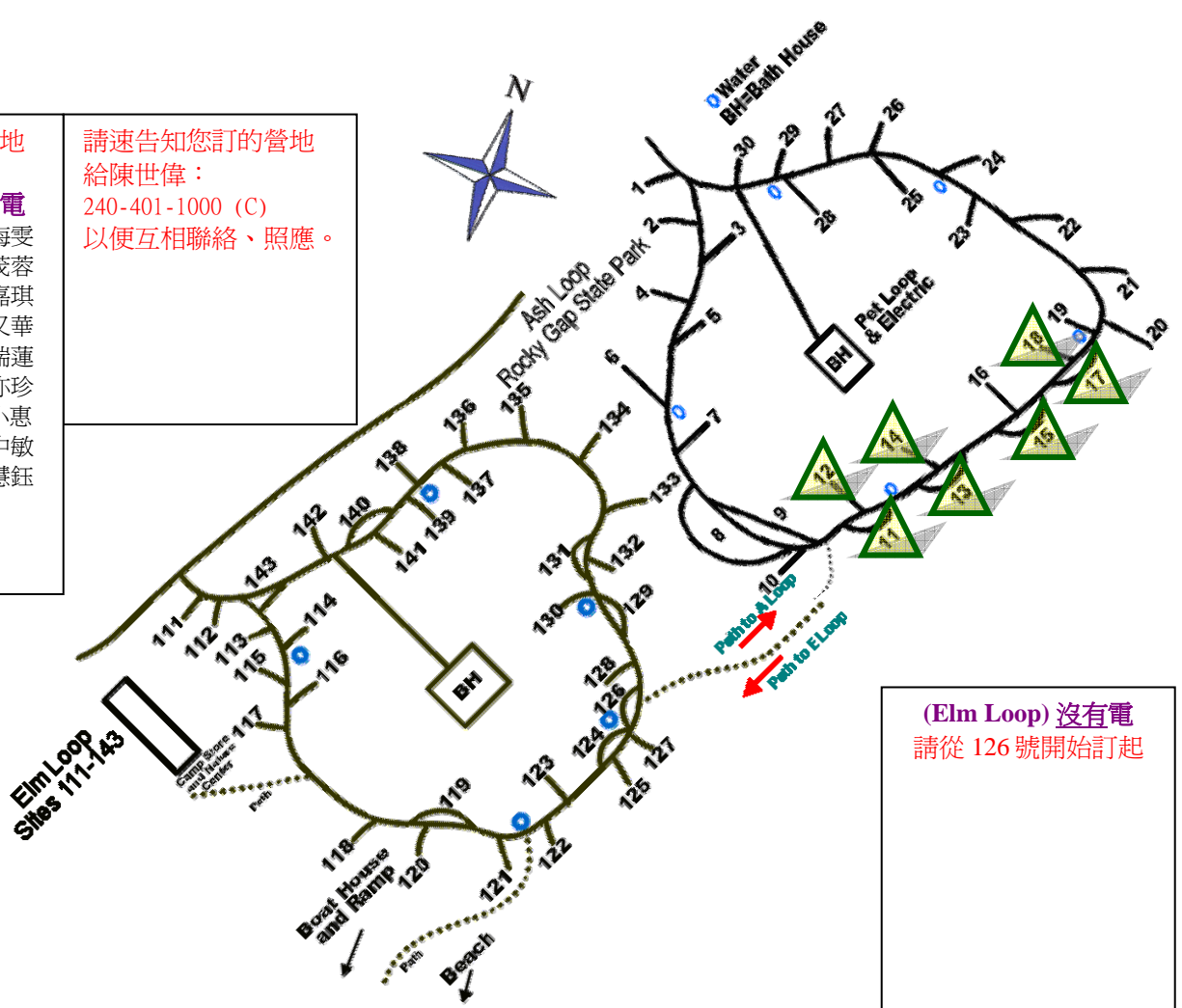
1 **difficult** trails – Evitt's Mountain Homesite Trail (5 mile)

詳見: <http://www.dnr.state.md.us/publiclands/rockygapguide.html>

已預定黎明營地
as of 8/10/11
(Ash Loop) 有電

- 11 余交詠、許海雯
- 12 周孝中、孫茂蓉
- 13 張智鈞、熊嘉琪
陳世偉、陳又華
- 14 陳昭安、徐瑞蓮
- 15 田大偉、鮑亦珍
蔡正鈞、張小惠
- 17 魏 峰、饒中敏
- 18 管清鐸、柳慧鈺

請速告知您訂的營地
給陳世偉：
240-401-1000 (C)
以便互相聯絡、照應。



(Elm Loop) 沒有電
請從 126 號開始訂起

